

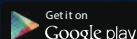


# The 15<sup>th</sup> ANNUAL MEETING OF THE LEBANESE ORTHOPAEDIC SOCIETY

SEPTEMBER 27-29, 2018  
HILTON BEIRUT METROPOLITAN PALACE

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## WELCOME LETTER

Dear Colleagues,

It gives me great pleasure to welcome you to the **“15th Annual Meeting of the Lebanese Orthopaedic Society ”**

This year we have an outstanding group of highly recognized and world renowned speakers from America and Europe who will cover a wide range of exciting and timely topics in the various disciplines of Orthopaedic Surgery.

The experiences you share with colleagues, your challenging questions for our presenters, and your dedication to our mission will contribute to making this meeting an outstanding event.

Your participation and support are essential. The 2018 LOS Annual Meeting is focused on you. Only here you can customize a unique educational experience, with an unparalleled array of topics, learning styles, and expert viewpoints.

This year’s program offers symposia, instructional courses, presentations and key note lectures presented by world-class experts.

The exhibits are second to none. Be sure to visit the exhibit hall where you have the opportunity to view the remarkable technological advances on display from over 30 companies shaping the future of our practice.

On behalf of the LOS Medical Board, I sincerely thank all the team for their continued time and effort to make this meeting an outstanding Orthopaedic educational experience.

I wish you all a productive meeting and memorable time in Lebanon.

**Prof. Ramzi Moucharafieh, MD, FACS**

President of the Congress

President of the Lebanese Orthopaedic Society



## COMMITTEES

### Lebanese Orthopaedic Society Board Members

Dr. Ramzi Moucharafieh - *President*

Dr. Amer Abdallah - *Vice President*

Dr. Antonio Chalhoub - *Secretary*

Dr. Hadi Zein - *Treasurer*

Dr. Georges El Rassi - *Member*

Dr. Charif Mortada - *Member*

Dr. Haidar Jouni - *Member*

Dr. Pierre Abou Sulaiman - *Member*

Dr. Chaouki Younes - *Member*

### Chairmen of The Meeting

Dr. Ramzi Moucharafieh

Dr. Amer Abdallah

### Scientific Committee

Dr. Amer Abdallah *Knee Session*

Dr. Mohamad Badra *Spine Session*

Dr. Hassan Baydoun *Sports Medicine Session*

Dr. Ali Chamseddine *Trauma Session*

Dr. Georges El Rassi *Sports Medicine Session*

Dr. Ismat Ghanem *Pediatric Session*

Dr. Fouad Jabbour *Spine Session*

Dr. Ramzi Moucharafieh *Trauma Session*

Dr. Rima Nasser *Hip Session*

Dr. Alexandre Nehme *Hip Session*



## SPEAKERS

### Local Guest Speakers

Dr. Amer Abdallah  
Dr. Rami Abiad  
Dr. Georges Abi Raad  
Dr. Chahine Assi  
Dr. Mohamad Badra  
Dr. Falah Bachour  
Dr. Hassan Baydoun  
Dr. Wissam Boueri  
Dr. Ali Chamseddine  
Dr. Youssef Daher  
Dr. Bassel El Osta  
Dr. Georges El Rassi  
Dr. Muhieddine El Taki  
Dr. Riad Fakih  
Dr. Fouad Fayad  
Dr. Ismat Ghanem  
Dr. Fadi Haddad

Dr. Tony Hayek  
Dr. Gaby Haykal  
Dr. Fouad Jabbour  
Dr. Rida Kassem  
Dr. Joseph Khalil  
Dr. Alfred Khoury  
Dr. Vatche Kourtian  
Dr. Firas Masri  
Dr. Ramzi Moucharafieh  
Dr. Charbel Mousallem  
Dr. Nakhle Muhanna  
Dr. Rima Nasser  
Dr. Alexandre Nehme  
Dr. Ziad Noun  
Dr. Said Saghieh  
Dr. Elie Saliba

### International Guest Speakers

Dr. Alain Akiki - *Switzerland*  
Dr. Bassem Al Hassan - *USA*  
Dr. Zaid Al Aubaidi - *UAE*  
Dr. Pierre Barouk - *France*  
Dr. Samuel Barouk - *France*  
Dr. Francois Bonnomet - *France*  
Dr. Michel Brax - *France*  
Dr. Jacques Caton - *France*  
Dr. Ferdinando Da Rin de Lorenzo - *Italy*  
Dr. José Eid - *Brazil*  
Dr. Wolfgang Franz - *Germany*  
Dr. Julien Girard - *France*

Dr. Christopher Hanosh - *USA*  
Dr. Patrick Houvet - *France*  
Dr. Jean Kany - *France*  
Dr. Negib Khoury - *France*  
Dr. Albert Lin - *USA*  
Dr. Maximilian Madl - *Germany*  
Dr. Ibrahim Obeid - *France*  
Dr. Panayotis Soucacos - *Greece*  
Dr. Uma Srikumaram - *USA*  
Dr. Jean Marc Vital - *France*



## MEETING AT A GLANCE

		Thursday 27 September, 2018		Friday 28 September, 2018		Saturday 29 September, 2018	
		EMILE RIACHI EXHIBIT HALL					
ROOM		Afif Nsouli Hall	Andre Fares Hall	Afif Nsouli Hall	Roger Jawish Hall	Afif Nsouli Hall	Roger Jawish Hall
AM			Arthrex Workshop	Spine	Knee	Trauma	Sports Medicine
PM	Foot & Ankle	Synthes Workshop	Pediatric	Hip			

### Thursday, 27 September, 2018

### ANDRE FARES HALL

#### Pre Congress Workshop

08:00 - 13:00      Arthrex Workshop  
    Knee Surgery (*Pre-Registration is Required*)

14:00 - 18:00      Synthes Workshop  
    TFNA - VA Proximal Tibia (*Pre-Registration is Required*)

# The 15<sup>th</sup> Annual Meeting of the Lebanese Orthopaedic Society

Arthrex – Arthroleb Knee Workshop

September 27, 2018 | 08:00 - 13:00 | Beirut | LB  
Hilton Beirut Metropolitan Palace



## Topics:

- PFJ demonstration
- ACL *InternalBrace*
- HTO demonstration
- Ultrasound MSK and biological applications

## Presented by:



Dr. med. Wolfgang Franz



Dr. Maximilian Madl



# Arthrex – Arthroleb Knee Workshop

September 27, 2018 | 08:00 - 13:00 | Hilton Beirut Metropolitan Palace | Beirut | Lebanon

Faculty	Dr. med. Wolfgang Franz   Dr. Maximilian Madl
Date	September 27, 2018
Location	Hilton Beirut Metropolitan Place   Beirut   Lebanon

## Program | 27th September, 2018

TIMINGS	PROGRAM	ROOM NAME
<b>08:30 – 09:30</b>	<b>Workshop 1</b>	<b>Dr. Andre Fares Room</b>
08:30 - 08:45	HTO - pre -planning considerations and patient selection	Dr. med. W Franz
08:45 - 09:30	HTO surgical technique and pearls - (Puddu Plate dry bone demonstration)	Dr. med. W Franz
<b>09:30 - 10:30</b>	<b>Workshop 2</b>	<b>Dr. Andre Fares Room</b>
09:30 - 09:45	ACL Reconstruction with InternalBrace™ - PP	Dr. med. W Franz
09:45 - 10:00	ACL Reconstruction with InternalBrace™ - Live Demo	Dr. med. W Franz
10:00 - 10:30	ACL Reconstruction with InternalBrace™ - Saw Bone Workshop	All
<b>10:30 - 11:00</b>	<b>Coffee Break</b>	
<b>11:00 - 12:00</b>	<b>Workshop 3</b>	<b>Dr. Andre Fares Room</b>
11:00 - 11:30	iBalance® PFJ surgical technique & case study - PP	Dr. med. W Franz
11:30 - 12:00	iBalance® PFJ surgical technique & pearls - (dry bone demonstration )	Dr. med. W Franz
<b>12:00-13:00</b>	<b>Workshop 4</b>	<b>Dr. Andre Fares Room</b>
	Ultrasound MSK™ and Biological applications in my practice	Dr. M Madl
<b>13:00</b>	<b>End of Course</b>	



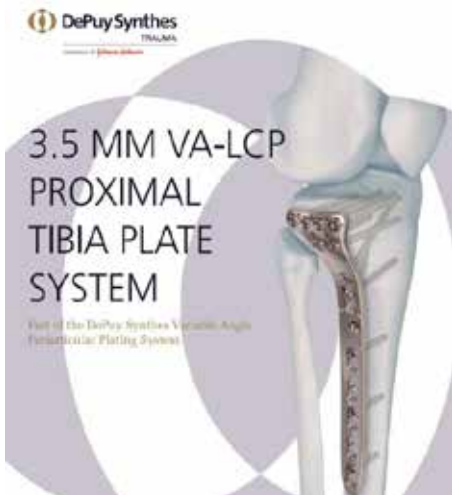
# DePuySynthes TFN Advanced & VA-LCP Proximal Tibia Workshop

LEBANESE ORTHOPEDIC SOCIETY

HILTON HOTEL METROPOLITAN PALACE – SEPT. 27, 2018

## PROGRAM

- 14:00-14:15 Welcome and introduction
- 14:15-14:30 TFNAdvanced presentation
- 14:30-14:45 TFNAdvanced Video
- 14:45-16:00 TFNAdvanced Hands on
- 16:00-16:15 Break
- 16:15-16:30 VA-LCP Prox. Tibia presentation
- 16:30-16:45 VA-LCP Prox. Tibia Video
- 16:45-18:00 VA-LCP Prox. Tibia Hands on







Thursday, 27 September, 2018

AFIF NSOULI HALL / PM

## 12:00 CONGRESS REGISTRATION

13:00 - 14:00 Foot & Ankle  
*Zimmer Biomet Symposium*

Samuel Barouk

Pierre Barouk

## 14:00 - 16:30 FOOT &amp; ANKLE SESSION

Moderators: Georges Abi Raad - Pierre Barouk

14:00 - 14:15 Influence and Treatment of the Gastrocnemius Tightness  
in Plantar Aponeurosis and Achilles Tendinopathy

Pierre Barouk

14:15 - 14:30 Joint Preserving Surgery in Severe Forefoot Disorders:  
Evolution

Samuel Barouk

14:30 - 14:45 Joint Preserving Surgery in Severe Forefoot Disorders:  
History and Basis

Samuel Barouk

14:45 - 15:00 Pathophysiology & Treatment Algorithm of Acquired  
Flat Foot

Georges Abi Raad

## 15:00 - 15:30 Coffee Break

15:30 - 15:45 Clinical Examination of the Painful Ankle or Foot and  
Deferential Diagnosis

Alain Akiki

15:45 - 16:00 Hallux Valgus Pathoanatomy & Surgical Protocole

Georges Abi Raad

16:00 - 16:15 Principles of Hallux Valgus Revision Surgery

Pierre Barouk

16:15 - 16:30 Challenges with Atypical Clinical Foot and Ankle Cases  
(Case Discussion)

Alain Akiki

16:30 - 17:00 Updates on Bone Infections:  
Prevention, Diagnosis and Treatment

Ferdinando Da Rin  
de Lorenzo



Friday, 28 September, 2018

AFIF NSOULI HALL / AM

08:00 CONGRESS REGISTRATION

09:00 - 12:00 KNEE ARTHROPLASTY SESSION

Moderators: Amer Abdallah - Rida Kassem

09:00 - 09:15	Viscosupplements in Knee Osteoarthritis: The Evidence	Fouad Fayad
09:15 - 09:30	How to Optimize my Peri Operative Medical Management in TKA	Fadi Haddad
09:30 - 09:45	Diagnosis and Management of Extra Articular Pain After TKA	Christopher Hanosh
09:45 - 10:00	Patella Femoral Arthroplasty: What's New	Jacques Caton
10:00 - 10:15	TKA in Patient Younger than 60	Muhieddine El Taki

10:15 - 10:45 Coffee Break

10:45 - 11:00	How to Diagnose a Peri Prosthetic Joint Infection in TKA, The Evidence, What's in?	Rima Nasser
11:00 - 11:15	Diagnosis and Management of Intra Articular Pain in TKA	Christopher Hanosh
11:15 - 11:30	Morbid Obesity and Cut Offs for TKA	Falah Bachour
11:30 - 11:45	Patella Resurfacing in TKA: Tips and Tricks	Jacques Caton
11:45 - 12:00	ABC in Revision TKA	Amer Abdallah

12:00 - 12:10 Address of the SICOT Bassel El Osta

12:10 - 13:00 Orthobiologics  
*Zimmer Biomet Workshop* Mr. Roel Brull

13:00 - 13:30 OPENING CEREMONY

13:30 - 14:30 Lunch Break



Friday, 28 September, 2018

AFIF NSOULI HALL / PM

**14:30 - 18:00 HIP SESSION**

Moderators: Alexandre Nehme - Rima Nasser

14:30 - 14:45	Cemented or Uncemented Stems in Young Patients?	Rida Kassem
14:45 - 15:00	Ambulatory THA	Michel Brax
15:00 - 15:15	Short Stem THA	Michel Brax
15:15 - 15:30	Double Mobility in Femoral Neck Fractures	Francois Bonnomet
15:30 - 15:45	Double Mobility Cups in Revision Hip Arthroplasty	Francois Bonnomet
15:45 - 16:00	Techniques for Optimizing Acetabular Component Positioning	Rima Nasser

**16:00 - 16:30 Coffee Break**

16:30 - 16:45	The Cross Technique for Positioning of Kerboul Cross and DMC	Chahine Assi
16:45 - 17:00	Is Intra-Prosthetic Dislocation in DMC Still Relevant?	Jacques Caton
17:00 - 17:15	Management of Femoral Bone Loss in Revision Total Hip Arthroplasty - Cemented stems - Uncemented stems	Falah Bachour
17:15 - 17:30	Management of Acetabular Bone Loss in Revision THA: Augments, Bone Grafts, Cages?	Alexandre Nehme
17:30 - 17:45	Metal on Metal Bearings: Where do we Stand?	Julien Girard
17:45 - 18:00	Hip Resurfacing (Where do we Stand?)	Julien Girard

**20:30 GALA DINNER at Le MAILLON**



Friday, 28 September, 2018

ROGER JAWISH HALL

**08:00 CONGRESS REGISTRATION**

**09:00 - 11:45 SPINE SESSION**

Moderators: Ibrahim Obeid - Mohamad Badra - Fouad Jabbour

09:00 - 09:15	Interest of Lumbar Modic 1 Signal	Jean Marc Vital
09:15 - 09:30	New Score for Surgical Indication in Adult Spinal Deformity: Evaluation and Validation	Ibrahim Obeid
09:30 - 09:45	Short Segment Fixation in TL Fractures	Joseph khalil
09:45 - 10:00	Occiput C1-C2 Trauma and Surgical Options	Charbel Mousallem
10:00 - 10:15	Hangman's fracture: diagnosis and management	Mohamad Badra

**10:15 - 10:45 Coffee Break**

10:45 - 11:00	Cervical Prothesis: An Experience of 17 Years	Jean Marc Vital
11:00 - 11:15	Coronal Spinal Malalignment: Classification and Treatment Principle	Ibrahim Obeid
11:15 - 11:30	Spondylolysis in Adolescents Management and Return to Sports	Fouad Jabbour
11:30 - 11:45	Management of Cervical Spondylosis with Myelopathy	Nakhle Muhanna

12:00 - 12:10 Address of the SICOT Bassel El Osta

12:10 - 13:00 Orthobiologics  
*Zimmer Biomet Workshop* Mr. Roel Brull

**13:00 - 13:30 OPENING CEREMONY**

13:30 - 14:30 Lunch Break



**Friday, 28 September, 2018**

**ROGER JAWISH HALL**

**14:30 - 17:45 PEDIATRIC SESSION**

Moderators: Fady Haddad - Kassem Houcheimi - Marc Najjar

14:30 - 14:45	Practical Guidelines to Correct Acetabular Dysplasia in Children and Adolescents	Nejib Khoury
14:45 - 15:00	ACL and Meniscal Injuries in Children: State of the Art	Elie Saliba
15:00 - 15:15	Why Some Bone Tumors do not Need Biopsy?	Said Saghieh
15:15 - 15:30	Hints in Early Treatment of Clubfoot	Bassel El Osta
15:30 - 15:45	Early Onset Scoliosis: Tips and Tricks	Zaid Al Aubaidi

**16:00 - 16:30 Coffee Break**

Moderators: Toby Atallah - Joseph Habanbo - Fady Hoyek

16:30 - 16:45	The Management of Blount's Disease: The Essentials	Youssef Daher
16:45 - 17:00	Treatment of Slipped Capital Femoral Epiphysis Using the Dunn Procedure: Technical Details, Complications and Results	Nejib Khoury
17:00 - 17:15	How Does Calcaneal Lengthening Produce Global 3D Correction of the Plano-Valgus Foot?	Ismat Ghanem
17:15 - 17:30	Elastic Stable Intramedullary Nailing. Hints Every Orthopedic Surgeon Should Master	Tony Hayek
17:30 - 17:45	Vascular and Neurological Complications of Supracondylar Humeral Fractures	Zaid Al Aubaidi

**20:30 GALA DINNER at Le MAILLON**



Saturday, 29 September, 2018

AFIF NSOULI HALL

09:00 - 15:30 TRAUMA SESSION

Moderators: Ali Chamseddine - Ramzi Moucharafieh

09:00 - 09:30	<b>Key Note Lecture:</b> Complex Proximal Humerus Fractures Leave it Fix it or Replace it	Uma Srikumaran
09:30 - 09:45	Periprosthetic Fractures of the Shoulder	Uma Srikumaran
09:45 - 10:00	Surgical Treatment for Acromioclavicular Joint Injuries	Bassem Al Hassan
10:00 - 10:15	Treatment of Clavicle Fractures when is ORIF and IM Fixation Indicated	Rami Abiad
10:15 - 10:30	New Techniques in Plating of Humeral Shaft Fractures	Ali Chamseddine

10:30 - 11:00 Coffee Break

11:00 - 11:30	<b>Key Note Lecture:</b> Complex Elbow Fractures: How do I Address it?	Bassem Al Hassan
11:30 - 11:45	Why I Cannot Fix This Distal Radius Fracture with Locking Compression Plate?	Ramzi Moucharafieh
11:45 - 12:00	Scapholunate Ligament Injury, From Direct Repair to Ligamentoplasty	Patrick Houvet
12:00 - 12:15	Lunotriquetral Ligament Injuries, Management Strategies	Patrick Houvet
12:15 - 12:45	<b>Key Note Lecture:</b> The New Era of Managing Tissue Loss: Lessons to be Learned. Past, Present & Future of Microsurgery	Panayotis Soucacos

12:45 - 13:45 Lunch Break

13:45 - 14:00	Open Contaminated Wounds with Soft Tissue Loss: Management with Microvasuclar Flaps	Panayotis Soucacos
14:00 - 14:15	Unstable Trochanteric Fractures the Role of Lateral Wall Reconstruction	Amer Abdallah
14:15 - 14:30	Controversies in Intramedullary Fixation for Intertrochanteric Hip Fractures	Gaby Haykal
14:30 - 14:45	Subtrochanteric Hip Fractures Intramedullary Nail, Dynamic Compression Screw, Blade Plate or Locking Compression Plate	Firas Masri
14:45 - 15:00	Not Just a Sprain: Foot and Ankle Injuries you may be Missing	Alain Akiki
15:00 - 15:20	Role of Biologics in my Practice - ACP, ACP SVF, Bone Marrow and Cartilage Options	Maximilian Madl
15:20 - 15:30	Why Should we Use Ultrasound for Infiltration?	Maximilian Madl



Saturday, 29 September, 2018

ROGER JAWISH HALL

## 09:00 - 15:45 SPORTS MEDICINE SESSION

Moderators: Georges El Rassi - Hassan Baydoun

## 09:00 - 12:15 SHOULDER

09:00 - 09:15	Biceps Tenodesis Indications and Techniques	Ziad Noun
09:15 - 09:30	ALAPSA Lesions: Results of Arthroscopic Repair	Georges El Rassi
09:30 - 09:45	Partial Rotator Cuff Tear Repair or Tenodesis	Rami Abiad
09:45 - 10:00	Rotator Cuff Repair in Elderly people	Riad Fakih
10:00 - 10:15	Arthroscopic Transosseous Technique for Rotator Cuff Repair	Uma Sriksmaran

10:15 - 10:30 **Special Intervention** José Eid**Shockwave Therapy in Orthopedic Conditions**

Current Concepts of Extracorporeal Shockwave Treatment (ESWT) in Non-Unions and Calcifying Tendinopathy of the Shoulder

## 10:30 - 11:00 Coffee Break

11:00 - 11:15	Internal Impingement	Jean Kany
11:15 - 11:30	Bony Bankart Lesions	Hassan Baydoun
11:30 - 11:45	Revision Bankart Lesion	Albert Lin
11:45 - 12:00	Latissimus Dorsi Transfer	Jean Kany
12:00 - 12:30	<b>Key Note Lecture:</b> Innovative Procedures in Complex Shoulder Instability	Bassem El Hassan

## 12:45 - 13:45 Lunch Break

## 13:45 - 15:45 KNEE

13:45 - 14:00	ACL Reconstruction: BTB OR Hamstring	Vatche Kourtian
14:00 - 14:15	ACL Reconstruction Preserving the ACL Remnant: 4 Years Follow-Up	Georges El Rassi
14:15 - 14:30	The ACL and Internal Bracing	Wolfgang Franz
14:30 - 14:45	Revision ACL Reconstruction	Alfred Khoury
14:45 - 15:00	Meniscal Repair	Wissam Boueri
15:00 - 15:15	Meniscal Ramp Lesion, the Hidden Tear	Wolfgang Franz
15:15 - 15:30	Treatment of OCD	Albert Lin
15:30 - 15:45	High Tibial Osteotomy in recreational athletes	Hassan Baydoun

# Dima

HEALTHCARE

 **smith&nephew**

**PERI-LOC<sup>◇</sup>**

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# FLOOR MAP

Conference Room B

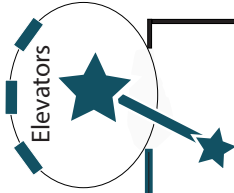
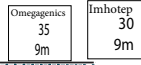
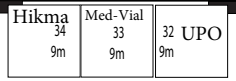


Photo Booth



CONFERENCE ROOM  
GROUND FLOOR

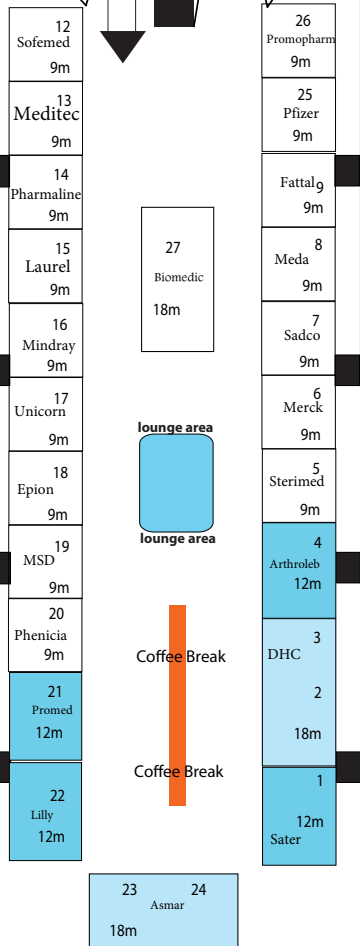
**Dr. Aff Nesouli**

CONFERENCE ROOM  
LEVEL -1

**Dr. Roger Jawish**

EXHIBIT AREA  
LEVEL -1

**Dr. Emile Riachi**





## REGISTRATION INFORMATION

### Lebanese Doctors

	Lebanese Orthopedic Doctors	Other Specialties
FEES	50\$	100\$
INCLUDING	Registration, Coffee Breaks, Lunch, Attendance Certificate, CME Credits	Registration, Coffee Breaks, Lunch, Attendance Certificate, CME Credits

### International Doctors

FEES	300\$
INCLUDING	Registration, Coffee Breaks, Lunch, Attendance Certificate, CME Credits

**Gala Dinner: 100\$ per person**



The Lebanese Orthopaedic Society would like to thank the below sponsors for their contribution to the success of its annual congress

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A man with a beard, wearing a red t-shirt, is shown from the chest up, cheering with his mouth wide open and his right fist clenched. He is in a stadium setting, with bright lights and a crowd visible in the background. The image has a blue and red color scheme.

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