



13TH ANNUAL
MEETING OF THE

LEBANESE ORTHOPAEDIC SOCIETY

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LIVE WEBINARS with the participation of the
American Academy of Orthopaedic Surgeons



22 - 24 SEPTEMBER 2016

LE BRISTOL HOTEL
BEIRUT - LEBANON

C.M.E Credits



13th ANNUAL MEETING OF THE

LEBANESE ORTHOPAEDIC SOCIETY





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LEBANESE ORTHOPAEDIC SOCIETY



Dear Colleagues and Friends,

Welcome to the 13th Annual Meeting of the Lebanese ORTHOPAEDIC Society. The meeting will cover the most debated and controversial issues in different fields of Orthopaedics, from trauma and reconstruction with symposia, to instructional courses, presentations and invited lectures.

All members of the scientific committee will be dedicated to putting together a very comprehensive and diverse program which will make the congress unforgettable.

We have put together a social program that will undoubtedly allow you to enjoy the city of Beirut.

Wishing you all an enjoyable and pleasant Congress.

Dr. Jaafar Bahsoun

President of the Congress

President of the Lebanese Orthopaedic Society



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LEBANESE ORTHOPAEDIC SOCIETY

Lebanese Orthopaedic Society Board Members

Dr. Jaafar Bahsoun	President
Dr. Ramzi Moucharafieh	Vice-President
Dr. Pierre Gemayel	Secretary
Dr. Reymond Massaad	Treasurer
Dr. Awtel Abboud	Member
Dr. Amer Abdallah	Member
Dr. Haidar Jouni	Member

Chairmen of The Meeting

Dr. Jaafar Bahsoun
Dr. Ramzi Moucharafieh

Organizing Committee

Dr. Amer Abdallah
Dr. Mohamad Badra
Dr. Ismat Ghanem
Dr. Alexandre Nehme
Dr. Ziad Noun
Dr. Asaad Taha



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CONGRESS AT A GLANCE

22 - 24 September, 2016

	Friday 23 September, 2016		Saturday 24 September, 2016	
	Room 1	Room 2	Room1	Room 2
am	Knee	Trauma	Shoulder	Pediatrics
pm	Hip	Pediatric Foot	Trauma	Spine

CONGRESS WORKSHOPS

22 September, 2016

Arthroleb - Salon Bleu Room

Three workshop stations, four participants per station:

- Meniscus Repair
- ACL Repair
- PCL Repair

23 - 24 September, 2016

DepuySynthes Trauma & The Unicorn s.a.l. - Salon Bleu Room

Three workshop systems will run over two days, five stations per system and two to three participants on each station:

- 10:00 - 10:45 VA Ankle Fixation System
- 14:00 - 14:45 VA DRP Fixation System
- 16:00 - 16:45 PFNA Fixation System

23 - 24 September, 2016

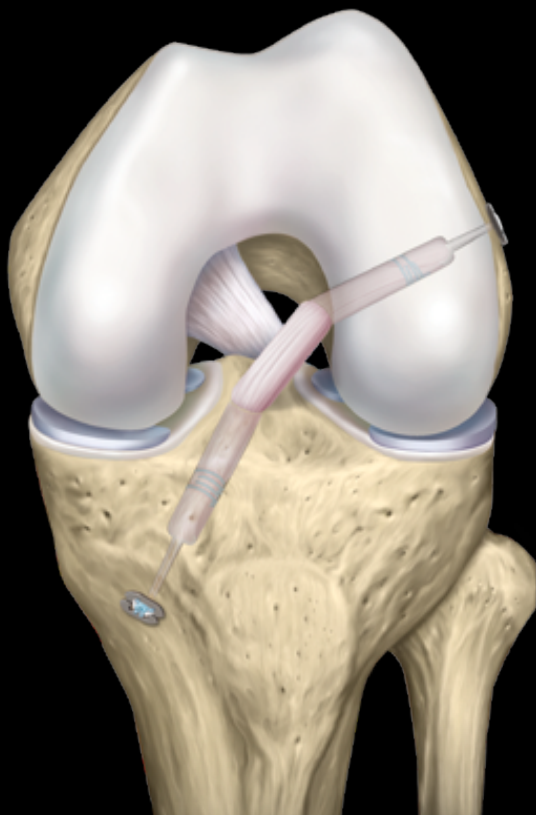
LIVE WEBINARS with the participation of the American Academy of Orthopaedic Surgeons

Four continuous livefeed webinar stations throughout the congress.

Arthrex – Arthroleb Pre-Congress Knee Workshop

September 22, 2016 | Bristol Hotel | Beirut | LB

Arthrex GmbH and Arthroleb would like to invite you to attend the Pre-Congress Knee Workshop. Come engage with our international speakers and gain exciting insights from well-known healthcare professionals in the Knee Society.



Knee Workshop | Thursday, September 22, 2016

08:00 - 08:15	Welcome and Registration	
08:15 - 09:45	Theory <ul style="list-style-type: none">• Clinical Approach to ACL and ALL Injuries• ACL Reconstruction with Adjustable Suspensory Fixation and All-Inside Drilling• Clinical Approach to PCL Injuries and All-Inside PCL	<i>Dr. Pascal Christel</i> <i>Dr. Amer Abdallah</i> <i>Dr. Ahmed Hany Khater</i>
09:45 - 12:00	Wetlab 1 <ul style="list-style-type: none">• ACL Reconstruction (Using TightRope®, FlipCutter®)	
12:00 - 13:00	Lunch	
13:00 - 14:30	Theory <ul style="list-style-type: none">• Clinical and Surgical Approach to MPFL Injuries• Clinical Approach to Meniscal Injuries• Surgical Approach to Meniscal Repair	<i>Dr. Ahmed Hany Khater</i> <i>Dr. Pascal Christel</i> <i>Dr. Pascal Christel</i>
14:30 - 16:00	Wetlab 2 <ul style="list-style-type: none">• MPFL Reconstruction (Using SwiveLock®)• Meniscal Repair	
16:00	Course Evaluation / Adjourn	



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23 September 2016

Knee Session

Room 1

Chairman of the Session: **Dr. Amer Abdallah**

Sports

09:00 - 09:20	Knee Osteochondral Defect: Updates
09:20 - 09:40	Meniscal Repair vs Meniscectomy
09:40 - 10:10	Crossfire: ACL Reconstruction BTB Hamstring
10:10 - 10:40	Postero - Lateral Corner Instability

10:40 - 11:00 **Coffee Break**

Arthroplasty

11:00 - 11:20	Bilateral Total Knee: Safe, Effective, Cost Efficient
11:20 - 11:40	High Tibial Osteotomy: As Older Population Become Younger
11:40 - 12:00	Subvastus Approach in All Total Knee Arthroplasty

Panel Discussions

Moderator: **Dr. Amer Abdallah**

12:00 - 12:45 **Controversies in Knee Arthroplasty**

Panelists: **Dr. Fernand Dagher, Dr. Raja Chaffary,
Dr. Roger Melki, Dr. Rafic Baddoura, Dr. Fady Haddad**

12:45 - 13:00 **Opening Ceremony**

Master of Ceremony: **Prof. Johny Abdelnoor**

Address of The Vice President The Lebanese Orthopaedic Society
Address of The President The Lebanese Orthopaedic Society
Address of The President of the Lebanese Order of Physicians

13:00 - 14:00 **Lunch Break**

**Dr. Ghassan Doueihy
Dr. Hassan Baydoun**

**Dr. Alfred Khoury
Dr. Vatche Kourtian
Dr. Pascal Christel**

**Dr. Amer Abdallah
Dr. Ali Hassan Chamseddine**

Dr. Jaafar Bahsoun

**Prof. Ramzi Moucharafieh
Dr. Jaafar Bahsoun
Prof. Raymond Sayegh**



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23 September 2016

Trauma Session

Room 2

Chairman of the Session: **Dr. Asaad Taha**

Complex Injuries

09:00 - 09:30	Acromioclavicular and clavicle injuries: When to operate
09:30 - 10:00	Proximal humerus fractures
10:00 - 10:30	Distal humerus articular fractures

Dr. Vatche Kourtian

Dr. Ali Hassan Chamseddine
Dr. Rami Abyad

10:30 - 11:00 Coffee Break

11:00 - 11:30	Adult Elbow Fractures / Dislocations with Preoperative Planning
11:30 - 12:00	Distal Radius Fractures

Dr. George Al Rassi

Dr. Ramzi Moucharafieh

Satellite Symposium

12:00 - 12:30	Management of Osteoporosis in Orthopaedic Practices Sponsored by Eli Lilly
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Dr. Fadi Zein El Abidine

12:45 - 13:00 Opening Ceremony (Room 1)

Master of Ceremony: **Prof. Johny Abdelnoor**

Address of The Vice President The Lebanese Orthopaedic Society
Address of The President The Lebanese Orthopaedic Society
Address of The President of the Lebanese Order of Physicians

Prof. Ramzi Moucharafieh
Dr. Jaafar Bahsoun
Prof. Raymond Sayegh

13:00 - 14:00 Lunch Break



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23 September 2016

Hip Session

Room 1

Chairman of the Session: **Dr. Alexander Nehme**

14:00 - 14:20 **The anterolateral approach in THR:
Is it still justified?**

Dr. Philippe Chiron

Implant Fixation Choices in the Elderly

14:20 - 14:40 **Femoral fixation, cemented**
14:40 - 15:00 **Femoral fixation, uncemented**
15:00 - 15:20 **Tendinopathies Around THR: Who is to be Blamed?**

Dr. Johny Abdelnoor
Dr. Alexander Nehme
Dr. Philippe Chiron

Instability After Total Hip Replacement; Magnitude of the Problem

15:20 - 15:40 **Use of 36 mm Heads in all patients**
15:40 - 16:00 **Double mobility cups for all patients**
16:00 - 16:20 **Optimizing the stability and longevity of uncemented
acetabular cups: "Polymax™" thin metal back cup**

Dr. Falah Bashour
Dr. Chahine Assi
Dr. Philippe Chiron

Coffee Break

16:40 - 17:00 **Highly cross-linked polyethylene**
17:00 - 17:20 **Femoral head choice against cross-linked
polyethylene; ceramic head is for everyone**
17:20 - 17:40 **Should staphylococcal nasal carriage screening
be systematic before joint arthroplasty?**

Dr. Rida Kassem
Dr. Rima Nasser

Dr. Philippe Chiron



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23 September 2016

Room 2

The Pediatric Foot

Chairman of the Session: **Dr. Ismat Ghanem**

Session 1: The Basics

Chairman: **Dr. Tony Hayek** Moderators: **Dr. Ahmad Rifai Sarraj, Dr. Khalil Ghossoub**

- 14:00 - 14:35 The Calcaneopedal Block Concept: Understanding Foot Functional Anatomy and Physiopathology
- 14:35 - 14:50 Gait and Foot Modeling

Dr. Ismat Ghanem

Dr. Abir Massaad

Session 2: Planovalgus Foot

Chairman: **Dr. Tony Hayek** Moderators: **Dr. Ahmad Rifai Sarraj, Dr. Khalil Ghossoub**

- 14:50 - 15:05 Clinical Classification and Imaging
- 15:05 - 15:20 Conservative and Surgical Management
- 15:20 - 15:40 The Calcaneovalgus Foot

Dr. Elie Saliba

Dr. Fady Hoyek

Dr. Michael Benson

15:40 - 16:10 **Coffee Break**

Session 3: Clubfoot

Chairman: **Dr. Roger Jawish** Moderators: **Dr. Nadim Afeiche, Dr. Antoine Harika**

- 16:10 - 16:30 Anatomy of Club Foot
- 16:30 - 16:45 Conservative Management
- 16:45 - 17:00 Surgical Management

Dr. Michael Benson

Dr. Said Saghieh

Dr. Youssef Daher

Session 4: Other Foot Deformities: Metatarsus Adductus, Cavovarus, CVT ...

Chairman: **Dr. Roger Jawish** Moderators: **Dr. Nadim Afeiche, Dr. Antoine Harika**

- 17:00 - 17:15 Metatarsus Adductus
- 17:15 - 17:30 Congenital Vertical Talus
- 17:30 - 17:45 Cavovarus Foot
- 17:45 - 17:55 Toe Deformities

Dr. Roger Jawish

Dr. Tony Hayek

Dr. Toby Atallah

Dr. Elie Saliba



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24 September 2016

Shoulder Session

Chairman of the Session: **Dr. Ziad Noun**

Room 1

Session 1: Shoulder Instability

09:00 - 09:20 **Posterior Shoulder instability
from diagnosis to treatment**

Dr. George Al Rassi

09:20 - 09:40 **Comparative study on Management of Glenohumeral
joint dislocation: closed reduction vs. Arthroscopic
Remplisage with Bankart lesion repair**

Dr. Riad Fakih

09:40 - 09:50 **Algorithm for Surgical Decision in
Antero Inferior Shoulder Instability**

Dr. Ziad Noun

Session 2: Shoulder-Rotator Cuff / LH Biceps

09:50 - 10:10 **Subpectoral Biceps Tenodesis**
10:10 - 10:30 **SLAP lesion, Myth or Reality**
10:30 - 10:40 **Revisiting acromioplasty :
to do or not to do that is the question**

Dr. Hassan Baydoun
Dr. Vatche Courtian
Dr. Rami Abyad

10:40 - 11:00 **Coffee Break**

11:00 - 11:20 **Latissimus Dorsi Transfert for Irreparable
Rotator Cuff Tears**

Dr. Ibrahim Kalouche

Session 3: Shoulder - Arthroplasty

11:20 - 11:50 **Complications of Revision Shoulder Arthroplasty**
11:50 - 12:20 **Shoulder Arthroplasty For Types B2 and C, Glenoid**

Dr. Didier Oudet
Dr. Didier Oudet

12:20 - 13:40 **Lunch Break**



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24 September 2016

Room 2

Fractures in Children

Chairman of the Session: **Dr. Ismat Ghanem**

Session 1: Shoulder to Elbow

Chairman: **Dr. Johny Abdelnoor** Moderators: **Dr. Hamzi Mazloum, Dr. Marc Najjar**

09.00 - 09:20	Shoulder Girdle
09:20 - 09:30	Humeral Shaft
09:30 - 09:50	Supracondylar

Dr. Johny Abdelnoor
Dr. Elie Saliba
Dr. Ismat Ghanem

Session 2: Forearm to Fingers

Chairman: **Dr. Johny Abdelnoor** Moderators: **Dr. Hamzi Mazloum, Dr. Marc Najjar**

09:50 - 10:05	Proximal Radius and Ulna
10:05 - 10:20	Radius and Ulnar Shaft
10:20 - 10:35	Wrist Fractures
10:35 - 10:45	Metacarpals and Fingers

Dr. Nadim Afeiche
Dr. Joseph Habanbo
Dr. Youssef Daher
Dr. Fady Hoyek

10:45 - 11:00 **Coffee Break**

Session 3: Pelvis to Knee

Chairman: **Dr. Youssef Daher** Moderators: **Dr. Khaled Hussein, Dr. Elie Saliba**

11:00 - 11:20	Pelvis and Acetabulum
11:20 - 11:35	Birth and Non - Accidental Fractures of the Femur
11:35 - 11:50	Fractures of the Proximal Femur

Dr. Johny Abdelnoor
Dr. Michael Benson
Dr. Nadim Afeiche

Session 4: Leg to Toes

Chairman: **Dr. Youssef Daher** Moderators: **Dr. Khaled Hussein, Dr. Elie Saliba**

11:50 - 12:05	Proximal Tibia
12:05 - 12:20	Tibial Shaft
12:20 - 12:30	Ankle
12:30 - 12:40	Foot

Dr. Marc Najjar
Dr. Youssef Daher
Dr. Marc Najjar
Dr. Tony Hayek

12:40 - 13:40 **Lunch Break**



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24 September 2016

Trauma Session

Room 1

Chairman of the Session: **Dr. Asaad Taha**

13:40 - 14:00	Pelvic fractures
14:00 - 14:20	Acetabular fractures
14:20 - 14:40	Peritrochanteric fractures
14:40 - 15:00	Hip fractures: Are we doing things right?
15:00 - 15:20	Coffee Breaks
15:20 - 15:40	Tibial plateau fractures
16:00 - 16:20	Pilon fractures
16:20 - 16:40	Lisfranc Fracture / Dislocation

Dr. Muhieddine Al Taki

Dr. Omar Baddoura

Dr. Saiid Saghieh

Dr. Yasser Yaghi

Dr. Johnny Abdelnoor

Dr. Bernard Sagherian

Dr. George Abi Raad



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24 September 2016

Spine Session

Room 2

Chairman of the Session: **Dr. Mohamad Badra**

13:40 - 14:00	Spinal fusion and biologics	Dr. Joseph Al Khalil
14:00 - 14:20	Degenerative lumbar scoliosis etiology and classification	Dr. Moustapha Khalaf
14:20 - 14:40	Minimally invasive TLIF for degenerative spine	Dr. Nakhleh Muhanna
14:40 - 15:00	Lateral approach for degenerative lumbar scoliosis	Dr. Mohamad Badra
15:00 - 15:20	Coffee Break	
15:20 - 15:40	Percutaneous endoscopic lumbar discectomy which way to go	Dr. Nizar Nattout
15:40 - 16:00	Spinal Osteotomies	Dr. Chahine Assi

THE LEBANESE ORTHOPAEDIC SOCIETY THANKS YOU FOR YOUR GENEROUS SUPPORT



THE UNICORN s.a.l.
Société Générale pour le Commerce et les Services



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Organized By:



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